
Lydia Mains: Profile summary

Iwi affiliations: Ngāti Rārua, Rangitāne

Lydia currently works at Te Piki Oranga where she has been since 2014 as Whānau Ora nurse monitoring whānau with diabetes, respiratory and cardiovascular diseases; she now has a dual role as Covid-19 Vaccination Response Manager and Clinical Team Leader/Pūkenga Kaiwhakahaere. Her prior roles have included as Community Health Nurse for Te Amo Health for 10 years and Sexual Health Nurse for the Motueka Family Service Centre for three years.

Lydia identifies her accomplishments as establishing and developing the Tamariki Ora Service for the Motueka area in 2008; initiating Positive Healthcare Management with whānau requiring clinical support and guidance with diabetes, cardiovascular, respiratory and nutrition issues and developing strong linkages within the Motueka/Nelson Healthcare professional community.

Lydia's has since 2015 been a member of the Iwi Health Board – Nelson Marlborough District Health Board.

Lydia's professional development – Postgraduate Certificate (L8) Specialty Nursing in Primary Care (Tamariki Ora) Whitireia Polytechnic. PG papers in Health Service Management 2020 at Massey University Palmerston North.